

The Carpinteria Junior Lifeguard Program Parent and Participant Contract

Attendance: is taken each day of the program. Parents, guardians and medical personnel may request participants be excused from the program for medical, vacation or other purposes. Please notify the Junior Lifeguard Staff in writing at least 24 hours in advance of planned absences. Initial _____

Punctuality: the program begins each day at 9:30 sharp. Participants are expected to be on the beach, in uniform and ready by this time. Please pay close attention to the Junior Lifeguard calendar. On some days the program will travel to other beaches and the day will start early. Please have your child arrive at least 30 minutes before departure time! Initial _____

Participation: All Junior Lifeguards are expected to participate in the day's activities. We value team spirit and want everyone to participate fully as a team member. Failure to make a good faith effort to participate on a daily basis may lead to dismissal from the program. No program tuition refunds will be allowed for failure to participate without prior notice and written excuse that is acceptable to the program staff. . The workouts are intended to be fun. We run, swim, paddle and play games each day. If your child needs to be excused from some portion of the day's routine, please send a note. If your child refuses to participate without a written excuse, the program staff will be contacting you to discuss the matter. Initial _____

Preparedness: Please send your child to the program prepared for the day. Uniforms are very important to us as they help the Junior Lifeguard Staff keep track of your child. The following checklist may help you.

- Red Swim Suit**
- Junior Lifeguard Shirt** -- previous year's shirt are OK for workout days
- Junior Lifeguard hat or visor** -- this year's hat or visor only.
- Sunscreen** -- please apply prior to coming to the program each day. Take a few minutes to carefully apply sunscreen to all exposed skin. Pay particular attention to the cheeks, nose, ears and backs. Your child must bring sunscreen to the program each day. We recommend SPF 30 or higher that is sweat proof and or waterproof. We will take time during the program to reapply.
- A beach towel**
- A jacket or sweat shirt.**

Please be sure your child's possessions are labeled with their name. Initial _____

Good Behavior: All participants must exhibit their best behavior at all times during the program. Participants must conduct themselves showing respect to the other participants, the Junior Lifeguard Staff, and to the general public. Participants must follow the instructions of the Junior Lifeguard Staff at all times. If your child exhibits disruptive behavior while enrolled in the Junior Lifeguard Program the program staff will be contacting you to discuss the matter. Unacceptable behavior may lead to program expulsion.

Initial _____

Pool Days: Your child will be asked to begin the day at the Carpinteria Community Pool once each week. On those days, please bring your child to the pool. After swimming at the pool Junior Guards will walk to the beach and can be picked up at Ash Avenue at 12:30 PM.

I have read and understand the above information. I have discussed this information with my child and or parent /guardian and agree to attend, be punctual, participate, come prepared each day, exhibit good behavior and be a good faith team member of the Carpinteria Junior Lifeguard Program.

Signature Participant

Signature Parent / Guardian